Clothing

When buying skiwear, the folks at Lost Trail suggest wearing fabric that is water and wind-resistant. Look for wind flaps to shield zippers, snug cuffs at wrists and ankles, collars that can be snuggled up to the chin, and adjustable drawstrings. When it comes to winter clothing, it is wisest to spend more on quality.

Dress in layers. Layering allows you to adapt to your body's always changing temperature. Dress in polypropylene underwear, which dries quickly, absorbs sweat and retains warmth. Wear a turtleneck, sweater and jacket.

Sixty percent of heat-loss is through the head; wear a hat or headband. Gloves or mittens make a difference in your comfort; mittens are usually better for those susceptible to coldness in their hands.

Sun Protection

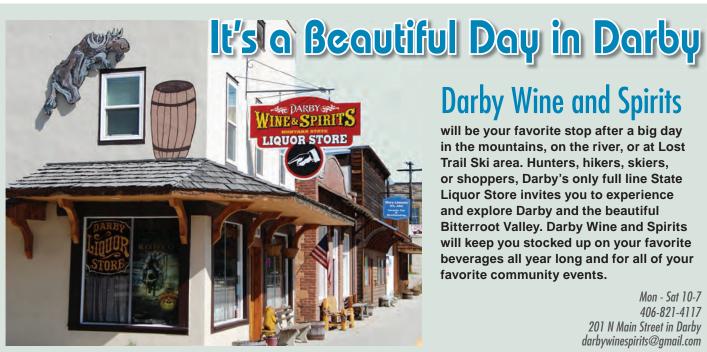
Wear sun protection. The sun reflects off the snow and is stronger than you think, even on cloudy days. Eye protection is strongly recommended. Sunglasses, goggles, lip balm and sunscreen are available in the Lost Trail shop.

Hidden Gem

Lost Trail is a hidden gem, known to locals for its abundant snow. The elevation and remoteness combine to make this a special place for late season skiing. Ticket prices are comparatively low and generally sparse crowds make the lift lines short.

Ultimately, the snow is what makes this mountain spectacular. With more than 300 inches of snowfall every year, there is never any shortage of the great white powder.





Darby Wine and Spirits

will be your favorite stop after a big day in the mountains, on the river, or at Lost Trail Ski area. Hunters, hikers, skiers, or shoppers, Darby's only full line State Liquor Store invites you to experience and explore Darby and the beautiful Bitterroot Valley. Darby Wine and Spirits will keep you stocked up on your favorite beverages all year long and for all of your favorite community events.

> Mon - Sat 10-7 406-821-4117 201 N Main Street in Darby darbywinespirits@gmail.com

